

## ENERGY EXCHANGE INFORMATION SHEET

Thank you for considering being an Energy Exchanger. Those members that choose to be Energy Exchangers will serve the organization in key roles that support the gym, in exchange for a lower training cost. It is a great way to learn more about our Not for Profit organization and become more involved in the work that we do.

Before committing to the program, here is a description of the main areas that you can choose from when becoming an Energy Exchanger.

### **The Bingo Team**

Historically, our BINGO volunteers have helped us earn significant funds to support our operations. Bingo did not run during COVID but there is an anticipated need for a dedicated group of volunteers to work shifts at Delta bingo again this season. This is a great commitment for those that want a simple and straightforward way to serve Energy. Note that this is an annual commitment, even though our contracts run for 10 months. The number of shifts per month is anticipated to be \_1-2 .

### **Fundraising and Capital Improvements**

This team will be responsible for raising money to fund any of Energy's extras, such as equipment. Working with the management team, they will identify the items the gym is most in need of and will price those options. Creative and dynamic fundraising efforts will then be organized and executed to reach the goal of funding these items. Have an idea for an awesome fundraising opportunity? Are you a great motivator? This might be the team for you.

### **Facility Support (Maintenance)**

This team is ready to show up when there is a wall to paint or a trophy shelf to build. Do we need to move some furniture or set up for an event? This team will be there to help. Not every member of this team needs to be handy, but the tasks will be mainly physical. Skilled trades are wanted and welcome!

### **Administration and Program Support**

Are you a whiz at data entry? Love to file or tidy up? Have some time to attend Rec events for concession selling or greeting families at reception from time to time. Maybe you are good at talking to parents interested in joining our team at tryouts. This role is there to support our managers in whatever way they need to optimize our program delivery.

### **Meets and Events**

This team helps our gym to shine through welcoming athletes into our facility for competitions and planning special events for our team. Do you love to plan a party? Are you organized? Like to multi-task? This team works as a group and may need to put in a lot of hours in a short amount of time.

The Board is open to special skills that may not be represented above and will also consider any interest in very specific roles relating to unique skill sets. If you want to join us as an Energy Exchanger, select that option on your main registration form in Step 2 of the welcome email and complete all the fields specific to this application.

For more information about contract issues please refer to our FAQ document in the Competitive Locker section of our website.